Discovering Choices

School Digital Citizenship Plan 2025-2026

Relevant contextual information about your school and School Development Plan:

- SDP Well-Being Action: Our student survey results point at a need to build capacity in our students in the area of regulation.
  - Technology to be used regularly and appropriately by students for collaboration and demonstrating an understanding of responsible use
  - Implementing new software and technology such as Vretta, Copy Leaks, D2L and Power School
  - As per Alberta Education guidelines, we will be following the Ministerial Order about the use of personal media devices in the school

Relevant evidence and data that informs your Digital Citizenship Plan:

- OurSCHOOL Survey Data indicates:
  - A need to develop the ability to stay focused even when less engaged
  - A need to develop student capacity with self-regulation strategies

School Digital Citizenship Plan						Progress		
Long Term Goal (e.g. spanning 8-10 months)	**Competency** (may be chosen from the CBE DC Competencies)	**Short Term Goals** (in support of the long term goal)	**Outcomes**	**Activities & Resources**	**Measures**	**November**	**January**	**June**
Long term goal #1 Learners will develop the ability to stay focused and engaged in digital environments by	Balanced I balance time online and offline to promote mental, emotional and physical well-being	Short term goal 1 Students will learn to identify personal distractions and patterns of disengagement	Students will develop an increased ability to sustain attention on digital tasks, even when motivation is low	Track daily technology use to identify distractions (i.e. journalling, tracking apps, etc.)	OurSCHOOL survey data and the end of the school year will illustrate the growth and improvements			

strengthening self-regulation and demonstrating responsible digital citizenship	I understand appropriate times and situations to use technology	when using technology for learning		Admin Reg 6008 Admin Reg 1067 Admin Reg 6005	made throughout the year		
		Short term goal 2 Students will implement at least two self-regulation strategies (e.g., focus apps, time blocking, or mindfulness techniques)	Students will demonstrate improved time management and reduced digital distractions	Practice focus strategies such as chunking, focus mode, Pomodoro method, and mindfulness, CBE Well-Being Framework Admin Reg 6008 Admin Reg 1067 Admin Reg 6005	Positive observations from teachers and peers on digital citizenship and focus		
		Short term goal 3 Students will practice reflecting on the impact of digital habits on focus, well-being, and learning outcomes	Students will develop a greater awareness of how technology use influences personal productivity and well-being	Through the use of conversation and check-ins, students will be able to reflect on their growth in focus and digital citizenship Admin Reg 6008 Admin Reg 1067 Admin Reg 6005	Improved self-report on the ability to stay focused during online tasks. Growth in awareness of how digital habits affect engagement and well-being		
Long term goal #2 Learners will develop capacity for self-regulation in digital environments, enabling them to make responsible, intentional, and	Responsible I understand and adhere to copyright and creative commons licensing I understand that anything I access,	**Short term goal 1** Students will recognize how personal online behaviour impacts oneself and others, demonstrating accountability for	Students will demonstrate self-awareness and responsibility in their online interactions	Teacher supported investigation and discussion of positive and negative online communication in CALM, CTS and in one-on-one conversations	Fewer incidents of misuse; increased evidence of thoughtful online participation		

balanced choices that support their learning, relationships, and well-being both online and offline.	produce and post contributes to my digital presence I understand how to make responsible decisions in the digital economy	digital actions and choices			Admin Reg 6008 Admin Reg 1067 Admin Reg 6005			
		Short term goal 2 Students will apply self-regulation strategies (i.e. pausing before posting, managing emotional reactions, setting boundaries) to promote respectful and safe online interactions	Students will apply strategies to regulate emotions, manage impulses, and make ethical digital decisions	Practice self-regulation tools: mindful pauses, body/movement breaks, and digital boundaries both within school and outside of it Admin Reg 6008 Admin Reg 1067 Admin Reg 6005	Students will independently apply self-regulation and responsibility in new digital context that demonstrates growth over time			
		Short term goal 3 Students will engage in digital activities with integrity by giving proper credit, protecting privacy, and using technology purposefully	Students will contribute positively to online learning communities and act as role models of digital citizenship	Students will model online citizenship through class platforms (D2L, Google Classroom, etc.) and in the work that they submit for assessment Admin Reg 6008 Admin Reg 1067 Admin Reg 6005	Noticeable improvement in respectful digital interactions and reduced impulsive behaviour through teacher observations			

Next Steps & Focuses for the Coming School Year